



Monthly Newsletter

August 2025

Sierra Foothills Cycling Club — Board & Election Update

On July 24th, we held our Annual Board Meeting and Elections. We're excited to share that all current board members will be retaining their positions for another term. This steady leadership means we can keep building momentum and making SFCC better for everyone.

Thank you to everyone who participated — your involvement keeps our club strong.

What's Coming Up

- The board is working on some exciting rides and social events for the season. Stay tuned for all the details!
- Huge shout-out to all our Ride Leaders who put in the time and effort to keep our group rides running smoothly. Your dedication is what makes SFCC such a great community.

Friendly Reminders

- Please make sure to sign in at every ride and include an emergency contact. It helps us be prepared to support you and your loved ones if

your riding to help those behind you, obey traffic laws, and always stop at stop signs and traffic lights.

We Want to Hear From You

Got ideas or feedback? Drop us a line anytime. Your voice helps shape the future of SFCC.

Thanks for riding with us — here's to a great year ahead!

— Your SFCC Board

UPCOMING ENDURO RIDE

Truckee Edition!

August 9th

Paco's Bike Shop

Start time 9:00 am

See the **CALENDAR** for all the details!

TOUR de FRANCE HIGHLIGHTS

The first few stages might've felt a bit flat and chill, but once the mountains hit, the race exploded with speed, strategy, and some serious grit — keeping cycling fans hooked in the second half.

- Jonas Vingegaard crushed it again, taking his second Tour de France win with strong climbing and killer team support from Jumbo-Visma. Phil Liggett called his climbing “simply sublime” — “poetry in motion.”
- The White Jersey went to Belgian rising star Thibau Nys, who shook things up with bold attacks and steady climbs — definitely one to watch.

pile-up on Stage 10, shook up the peloton and forced some contenders to work even harder.

- Fans loved watching Tadej Pogačar, the crowd favorite, grab multiple stage wins with his aggressive riding, especially on the mountains and time trials.
- Those tough mountain stages and time trials were where the race really came alive, separating the leaders from the pack.

Words from the Legends

Bob Roll summed it up perfectly: “The Tour de France is like a three-week soap opera on wheels. It’s full of drama, heartbreak, and triumph — and every day you never know what’s coming next. That’s what makes it addictive.” He also reminded us that, “You don’t just ride the Tour, you survive it. It’s the only race where the fans can yell ‘Allez! Allez!’ and you actually want to hear it.”

Another epic chapter in Tour history is in the books!

On the Road Again: Ed’s Epic Ride Highlights

Canada, A Destination Which Is Close And Spectacularly Beautiful

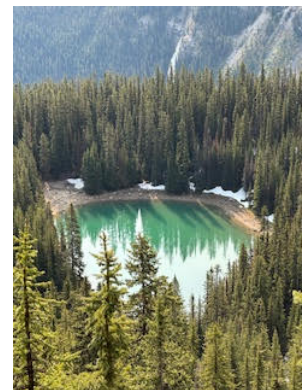
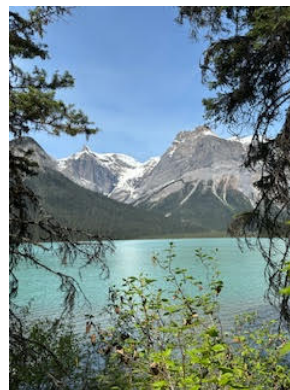
Have you ever dreamed of riding mid-mountain and upper-mountain passes where the background is majestic mountains with snow filled crevasses?

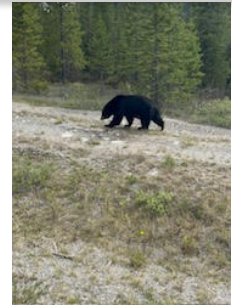
The Selkirk Loop is on many cyclists Bucket List.

Well, Canada offers these and a wide variety of additional activities from water related activities to hiking and incredible mountain biking/gravel riding.

Banff and Lake Louise has some of the most spectacular hiking imaginable with one hike leading to an upper mountain teahouse, which is quite a

The Canadian forests are lush with vibrant greens and numerous lakes, streams and rivers. Quite a contrast to our dry California rolling Hills.





From Every Corner of the Map — We Want Your Ride Stories!

Our members are out there riding all across the country and beyond, and we want to bring those adventures home. Whether you're riding far, near, or epic distant routes, share your stories and photos with us.

Let us, the members, hear about your adventures! Drop us a line with your highlights and snapshots. Let's celebrate the amazing journeys of our SFCC community, wherever the road takes you. 📷 ✨

2025 CLUB EVENTS

Rois's Annual Napa Enduro!

September 6th

Truckee Trails to Northstar, Glenview, Tahoe Donner

Annual SFCC Fall Ride and Picnic 🍁

Saturday October 18th

Holiday Mixer 🎁

December TDB

CLUB NEWS

We love seeing new faces at our rides and events, and we encourage you to invite guests to join us. It's a great way to grow our club and share the joy of cycling with others. To help ensure everyone understands our policy, here's a quick reminder about how guests can participate:

- **Guests are welcome to join us for one ride or event as a trial experience.**
- **To participate again, they'll need to become a club member.**

This policy allows us to give potential new members a chance to see what our club is all about while maintaining the benefits and support that come with membership.

If you have a guest who's interested in joining, feel free to share information about our membership process or direct them to the club's [website](#). We're always excited to welcome new members into our community!

Thank you for helping us grow our club and for making it such a welcoming club for cyclists of all levels.

Let's Get Social! 🙌😊🙌

Did you know we have a [SFCC Facebook](#) page? This is where we post photos from rides and events, share updates, and keep members informed about upcoming activities. It's a great way to stay connected, celebrate our rides, and engage with fellow members!

On our **Facebook** page, you can:

- See and share photos from club rides and events
 - Stay updated on upcoming rides and special events
 - Connect with other members and share your cycling experiences
 - Get important club announcements and reminders
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Club Stickers and High Viz Socks



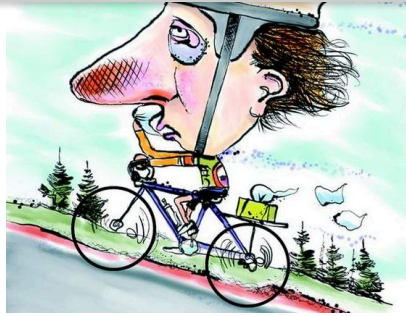
SFCC has purchased club stickers that are free to all SFCC members. These are custom made with the SFCC logo on them and are approximately 5" x 3.25"



The socks are \$10/pair. If you intend on buying some, please bring exact change.

deb2don.dh@gmail.com

Contact Deb if you're interested in ordering clothing.



Let's spread good vibes, not germs! 🍌

We all want to keep the group healthy and riding strong. If you're feeling off — coughing, sneezing, or running any symptoms — please take some time to rest and recover at home. 🤧

Even if you're starting to feel better but still not quite back to 100%, it's best to sit this one out so we don't pass anything around.

Let's be thoughtful and keep the good energy alive — no need to share germs when you can share a future ride instead! 🍌 Your health and the health of everyone else matters most. And remember, your health is our priority!

Welcome New Members

Evan Ohs

Brent Davidson

Ronald McCartney

Board Members

President | **Bob Peterson** | president@sfcyclists.org

Vice President | **Kim Moyano** | vp@sfcyclists.org

Secretary | **Linda Tobia** | secretary@sfcyclists.org

Treasurer | **Doug Parks** | treasurer@sfcyclists.org

Membership Director | **Monica Pappas** | membership@sfcyclists.org

Webmaster | **Larry Merlo** | webmaster@sfcyclists.org

Email Moderator | **Monica Pappas** | moderator@sfcyclists.org

Merchandise Chair | **Deb Hallford** | merchandise@sfcyclists.org

SFCC Consultant | **Larry Matz**

Bicycle Advocacy & Safety Team Chair | **Dana Hofheinz** |
advocacyandsafety@sfcyclists.org

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